Newark Swimming Pool Timetable

inflatables 14yrs. Face masks and goggles are not permitted in the swimming pool

Book and pay for sessions online on Leisure Hub. Pool sessions include customer changing, set up and

take down time. Cubicles and changing facilities are cleaned regularly throughout the day

Pool admissions policy is available on our website: www.active4today.co.uk

Main Pool			Main Pool		
	Monday			Thursday	
06.00 - 06.45	Laned Swim*		06.00 - 06.45	Laned Swim*	09.15
06.45 - 07.30	Laned Swim*		06.45 - 07.30	Laned Swim*	13.15
07.45 - 08.30	Laned Swim*		07.45 - 08.30	Laned Swim*	15.45
09.15 - 11.30	School Swimming		08.30 - 09.15	Laned Swim*	19.1
11.30 - 12.15	Laned Swim*		09.30 - 11.45	School Swimming	
12.15 - 13.00	Laned Swim*		12.00 - 13.00	Laned Swim*	00.41
13.15 - 14.45	School Swimming		13.30 - 14.45	School Swimming	08.45
15.00 - 15.45	Laned Swim*		15.00 - 15.45	Laned Swim*	
15.45 - 18.45	Active Swimming Lessons		16.00 - 16.45	Laned Swim*	12.00
18.45 - 19.30	Laned Swim*		17.00 - 17.45	Fun Swim (rafts & floats)	13.30
19.45 - 20.30	·		18.00 - 21.15	Newark Swimming Club	15.45
20.30 - 21.15	Laned Swim*			Friday	
	Tuesday		06.00 - 06.45	Laned Swim*	09:30
06.00 - 06.45	Laned Swim*		06.45 - 07.30	Laned Swim*	11.45
06.45 - 07.30	Laned Swim*		07.45 - 08.30	Laned Swim*	13.15
07.45 - 08.30	Laned Swim*		09.15 - 12.30	School Swimming	15.45
08.30 - 09.15	Laned Swim*		13.15 - 14.45	School Swimming	15.15
09.30 - 10.15	Public Swim		15.00 - 15.45	Laned Swim*	00.04
10.30 - 11.30	Private Hire		15.45 - 18.45	Active Swimming Lessons	09.30
11.30 - 12.15	Laned Swim*		18.45 - 19.30	Adult Learn to Swim	13.30
12.15 - 13.00	Laned Swim*		19.45 - 20.30	Laned Swim* (1 lane flippers permitted)	15.45
13.30 - 14.55	School Swimming			Saturday	18.45
15.00 - 15.45	Laned Swim*		08.00 - 11.00	Active Swimming Lessons	
16.00 - 18.30	Active Swimming Lessons		11.00 - 12.30	Public Swim	09.30
18.30 - 19.15	Laned Swim*		13.00 - 14.00	Available for children's pool parties	13.15
19.30 - 21.00	Newark Swimming Club		14.00 - 15.00	Inflatable Swim (H25)	15.00
	Wednesday		15.15 - 16.15	Public Swim ,	15.45
06.00 - 06.45	Laned Swim*		16.30 - 17.30	Laned Swim*	18.45
06.45 - 07.30	Laned Swim*			Sunday	10.4
07.45 - 08.30	Laned Swim*		08.00 - 09.30	Newark Swimming Club	
08.30 - 09.15	Laned Swim*		09.30 - 10.15	Laned Swim*	08.00
09.30 - 10.15	Laned Swim* (2 lanes)		10.30 - 11.30	Public Swim	11.00
09.30 - 10.15	Active Aquatic Cycle (pool shoes required)		11.45 - 12.45	Public Swim	13.00
10.30 - 11.15	Disability Swim		13.00 - 14.00	Available for children's pool parties	14.00
11.30 - 12.15	Laned Swim*		14.00 - 15.00	Public Swim	15.15
12.15 - 13.00	Laned Swim*		15.15 - 16.15	Laned Swim*	
13.15 - 14.55	School Swimming		16.30 - 17.45	Muskham Swimming Club	09.15
15.00 - 15.45	Laned Swim*				
15.45 - 18.45			R INFORMATION (WE	ARE CLOSED ON BANK HOLIDAYS)	10.30
18.45 - 19.30	Public Swim				11.45
19.30 - 20.15	Laned Swim (3 lanes)		Must be able to swim 50m		13.00
19.30 - 21.00	Newark Swimming Club			ply, max 1.7m and able to swim 25m on their front. Max ag s and goggles are not permitted in the swimming pool	ge for 14.00
20 45 24 00			ratabics 17713. Lace Itiasks	and goggies are not bermitted in the swimming pool	7 1 1

20.15 - 21.00 Laned Swim* (3 lanes)

Teaching Pool

	Monday					
09.15 - 11.30	•					
13.15 - 14.45	<u> </u>					
15.45 - 18.45						
19.15 - 20.00	<u> </u>					
Tuesday						
00 45 11 41						
08.45 - 11.4	1 ' 1 '					
12.00 12.41	Swimming Lessons					
12.00 - 12.4	· · · · · · · · · · · · · · · · · · ·					
13.30 - 14.5	0					
15.45 - 18.4	ü					
Wednesday						
09:30 - 11.30						
11.45 - 12.30						
13.15 - 14.5	O					
15.45 - 18.4	5 Active Swimming Lessons					
Thursday						
09.30 - 12.00	O School Swimming					
13.30 - 14.5	5 School Swimming					
15.45 - 18.45	5 Active Swimming Lessons					
18.45 - 20.30	Newark Swimming Club					
Friday						
09.30 - 12.30	O School Swimming					
13.15 - 14.4	5 School Swimming					
15.00 - 15.4	5 Public Swim					
15.45 - 18.45	5 Active Swimming Lessons					
18.45 - 19.30	O Public Swim					
Saturday						
08.00 - 11.00	·					
11.00 - 12.30	0 Public Swim					
13.00 - 14.00	O Available for children's pool parties					
14.00 - 15.00	O Public Swim					
15.15 - 16.1	5 Public Swim					
Sunday						
09.15 - 10.1	•					
10.30 - 11.30						
11.45 - 12.4	5 Public Swim					
13.00 - 14.00	O Available for children's pool parties					
14.00 - 15.00	·					
15.15 - 16.1	5 Public Swim					
16.30 - 17.00	O Muskham Swimming Club					
Timotable version: 14th October 2024						
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